

Drop-In Sessions for Carers

Every
Tuesday afternoon
2pm – 4pm and every
Friday morning
10am - 12pm at
CRISP Carers Centre



If you need some support, or just need some time out for a drink and a chat, then drop in to the Carers Centre. Refreshments provided.



For information about the drop-in, or for advice about help for carers, please contact the Carers Support Service

01202 458204

CRISP Carers Centre, St. Ambrose Cottage,
(Behind Alumhurst Day Centre), Alumhurst
Road, Westbourne, Bournemouth, BH4 8ER

